

**BETWEEN SEXUAL EDUCATION AND LUST
IN PATRICIA CABOT'S *EDUCATING CAROLINE* (2001):
A PSYCHOANALYTIC PERSPECTIVE**

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Proposed by:

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ABSTRACT

The objective of this study is to identify the conflicting values between Sex Education and lust in Educating Caroline and to explain the result of self interrelationship among sex and lust. The research is qualitative study. The researcher uses two data sources: primary data source and secondary data source. The primary data sources are taken from Educating Caroline and the secondary data sources are taken from literary books or any information related to Sex Education, lust and intense relationship that support the psychoanalytic. The data analysis method is descriptive qualitative analysis based on psychoanalytic. The result of the study is as follows. First, based on the structural analysis, it can be concluded that in this novel the author conveys a moral message that "the long term relationship can change people's view, wants and needs, especially in love". Secondly, based on the psychological analysis it can be concluded that in the novel the author illustrates a psychological phenomenon in which behavior may change in the course of time because of the intense relationship. The intense relationship can change the feeling and also emotion.

Keyword: sexual education and lust, intense relationship, psychoanalytic.

I. INTRODUCTION

Educating Caroline is a novel written by an American author Patricia Cabot. The novel was published by Pocket Books, a division of Simon & Schuster, Inc. This novel copyright on October 2001 by Meggin Cabot. This novel has thirty eight chapters and 264 pages. This novel is a work of fiction. Names, characters, places and incidents are products of the author's imagination or are used fictitiously. Any resemblance to actual events or locales or persons, living or dead, is entirely coincidental. In *Educating Caroline*, Patricia Cabot tells a delicious tale full of sensuality and humor, with a hint of danger thrown in just for fun. The cast of supporting characters include Caroline's friend Emily, who ties herself to statuary for the sake of women's rights, and Braden's unusual household staff made up of shady characters from his underworld past. The effect is charming, engaging and definitely worth reading.

According to the researcher there are four interesting points of the novel to be researched. First the characters' in the novel has strong characteristic. Branden Granville, he is an interesting character because he was optimist person to be a success man, ambitious, love his family and romantic man. Branden is a child born to a poor family, with his perseverance he succeeded in creating arms. Because he created him to be successful and extremely wealthy. Lady Caroline Linford, she is interesting character because she was intelligence woman, ambitious, love her family. Second, the novel is set in European country. The interesting of the setting in the novel is that the setting of the novel is a real life. Because of that, by the readers it can be imagined and easily described. Third, the novel has interesting plot. Patricia Cabot uses a roman Victorian plot and inner struggle conflict subplot to tell the story in the novel. So, the conflict can be understood easily. The last point, the novel has important theme to be discussed. The theme of the story is sex education. Sex is important things that cannot be separated between man and woman. Not only in school need an education but also in sex need education, so

people are prepare if there is problem in sex. Based on the above events that happened in the novel, then it is suitable to discuss sex education. The researcher uses the psychoanalytic perspective as an approach to analyze the novel. By so doing, the researcher gives the title: **BETWEEN SEXUAL EDUCATION AND LUST IN PATRICIA CABOT'S EDUCATING CAROLINE (2001): A PSYCHOANALYTIC PRESPECTIVE.**

In this research, the researcher focuses on “the analysis of conflicting values Between Sex Education and Lust reflected in Patricia Cabot's *Educating Caroline*, published on 2001”. To prove the originality of this research the researcher tries to discuss previous studies, but, the researcher has researched through local and digital libraries and found none of it. Library of UMS, UNS, UNDIP, UNNES until international libraries have reported zero call on the research on *Education Caroline*. Thus, this study is first ever conducted at least in UMS. *Educating Caroline* novel of Patricia Cabot's as long as the researcher know there is no research that has been conducted to study in the Muhamadiyah's University of Surakarta, the researcher tries to analyze “Between Sexual Education and Lust in Patricia Cabot's *Educating Caroline* (2001): A Psychoanalytic Prespective”.

II. RESEARCH METHOD

In analyzing this novel by Patricia Cabot's *Educating Caroline* (2001), the researchers use qualitative research for her research. To analyze data, interpret data and collect data, the types of data of this study are the text in *Educating Caroline* (2001). The data sources are library and literary data. Its purpose is to analyze using psychoanalytic. The object of the research is *the conflicting values between Sex Education and lust in Educating Caroline and to explain the result of self interrelationship among sex and lust*. Types of the data and the data source object of the research is: The primary data sources are taken from Patricia Cabot's

Educating Caroline (2001) novel. The secondary data sources are taken from literary books or any information related to *Sex Education, lust and intense relationship that support the psychoanalytic*. Technique of the data collection researcher used take notes as the method of collecting data in this research. The steps are as follows: reads the novel again and again (more than once), taking notes of the important parts in both primary and secondary data sources, and browsing to the internet to get some information article that related to the topic. The steps taken by the researcher in analyzing the data are follows: the first is analyzing the data based on its structural elements. The second step is analyzing the data based on psychoanalytic.

III. RESEARCH FINDING

A. Sexual Education

1. Educative Material

Sexual education within the novel appears in a moment of Caroline and Braden, where both involved in an appointment related with sexual education. Caroline asks him to teach her how to make love, and the first education is Caroline must try to get used to close with Braden. The first respond of Caroline is afraid and confuse with many kinds of consequences such as being kissed and treated like other women in town. In Psychoanalytic view, this is natural; if people are afraid at the first time they met, and the most, people knows that they have a bad name. This is human *id* where they are afraid of strangers, like Caroline, where she sees Braden the Lothario of London for the first time, the man with a lot of women in town. She is so startle that she sits without question.

The next sexual education appears related with human emotion. Every human has several emotions when they involve in relationship. The human emotion related with romantic relationship. This is the second sexual education and its name is

“jealous” people will have their own jealousy when they saw someone they love getting close with others. In psychoanalytic view, jealousy is one of human *id*, where jealousy is part of human nature and it will appear when human feels abandoned. Jealousy is also one of human’s *ego* where in unconscious way, they will do something stupid because of that jealousy. Sometimes people cry, laugh, hate and do something unbelievable.

In sexual education Braden also tries to use a physical contact, where he tries to show how to make women in pleasure. This is the first time Braden touches Caroline in a different way. Caroline feels that this is different and there is nothing childlike about what she feels through her entire body as a result of his light. It looks like his education is success. There are conscious mind when Braden tries to touch Caroline, because he knows that if he wants his education success, he must do physical contact on Caroline, and it works. But, Braden emphasizes not only the need for a positive approach, the essential aspect of pleasure, and the notion that sexual health encompasses not just physical, but also emotional, mental and social aspects.

2. The objective

The objective of sexual education appears in the novel is that to get a better result after the Caroline involves in a deep relationship and finally on sex appointment. For example, Caroline for the first time, she must get used to Braden, the objective is to know Braden better and it is also supposed she does not get a bad result after she does her sexual education with Braden. The objective of this sexual education is that, supposed the Caroline knows that beside excitement and happiness, she also must learn about jealousy and suspicious. With these two things of material, Caroline will be able to know everything about love and the love within, there will be happiness, sadness, jealousy, suspicious, and also angry.

3. Strategy

The strategy in connecting with sexual education is that, people must have a good social life. A good social life can make a positive atmosphere for people who want to make a good and better relationship. In the novel, Caroline tries to make her own strategy, by asking help to Braden, the person who is known as a women guy. Caroline strategy that is very influenced on her sexual education is that, she gives Braden an over, that she will become the witnesses in the court in Braden's case. This strategy is very effective, Braden approves it and he promises to teach her about sex.

4. Result

The result of Caroline's sexual education is very interesting. Where, finally she gets a new relationship with the man that she thinks a bad man with a lot of women. Finally, in her journey to find a fine sex, give her a new plot of life, she gets marry with Braden and she really love with the guy who teach her everything in sex.

B. Lust

The lust within the novel appears in the moment of two couples Caroline and Braden and Jacquelyn and Hurst. There are several lust moment among those two couples in the novel but it is viewed from psychoanalytic approach. The first lust appears in the novel when Caroline sees her fiancé making love in a small room in the house. There is the lust of Caroline's fiancé, where his predilection for large-breasted women and he had found her lacking in that particular category, and had therefore sought out someone better suited to his tastes. This becomes a human nature where a man loved with a large-breasted woman because, it can create a large imagination on sex.

The lust in a romantic moment between Hurst and Jacquelyn. Both Jacquelyn and Hurst have a large psychic and energy and spread out in

sex. Both will do everything to spread their lust. The two couples Hurst and Jacquelyn where both naturally making love in a dark small room in the house. They do a certain action, he enjoys having Jacquelyn's fingers shoved into their mouths. This becomes the *unconscious* moment because it runs without a think. Naturally, people will do think where they want to do related with passion and lust. Their minds only tell their entire body to do it but not how to do it. Lust consumes its object, rather than expressing it, and the ultimate object for lust to consume is human being itself. Its dynamic is controlled spontaneously by the inclusive, coordinative, and image making process of expression, and deliberately by the manipulative and sanctioning process of reflection, particularly when it becomes conventionalized into mechanism of social control.

IV. DISCUSSION

Psychoanalyst Sigmund Freud believed that behavior and personality derives from the constant and unique interaction of conflicting psychological forces that operate at three different levels of awareness: the preconscious, the conscious, and the unconscious. The conscious mind includes everything that people are aware of. The preconscious mind is the part of the mind that represents ordinary memory, and the unconscious mind is a reservoir of feelings, thoughts, urges, and memories that outside of our conscious awareness. Those minds controls everything related with what will they do especially with lust.

In lust usually people never realize about what they do, everything their action runs like the way it is. These certain of mind usually control with unconscious mind. In *Educating Caroline* by Patricia Cabot there are several lust moments among the characters where all of them are controlled with unconscious mind.

The lust of Caroline's fiancé, where his predilections for large-breasted women and he had found her lacking in that particular category,

and had therefore sought out someone better suited to his tastes. This is become a human nature where a man loved with a large-breasted woman because, it can create a large imagination on sex. Then the lust of Jacquelyn where she is a woman with a bad addiction in love, she can not leave her addiction; she will release her passion to all men that she thinks she can take his money. Her libido, fixation and reaction formation is no longer able to be controlled with her mind because it's getting bigger and bigger. She does not care about people around her, her unconscious mind and her *ego* walks and defeat everything.

There are some ways to controls lust. People must defeat their libido, fixation and reaction formation with sexual education. In *Educating Caroline* by Patricia Cabot there are several sexual education appears. On the journey of Caroline to learn about sex, Caroline finds some ways, such as, she must not be afraid on the name of jealous and suspicious. People will have their own jealousy when the saw someone they love getting close with others and Suspicious is almost the same with jealousy, when people really involve in sexual education by creating romantic relationship, jealous, suspicious, hate, love, and sad is become one of relationship ingredients.

Then, Caroline must try to get used to close with Braden (her sexual teacher). The first respond of Caroline is afraid and confuse with many kinds of consequences such as being kissed and treated like other women in town. After she get used to it, then, she must receive the other physical contact in a form of touch, kiss and hug. Caroline feels that this is different and there is nothing childlike about what she feels through her entire body as a result of his light. Then Caroline also learns about the situation in making love. She must know the situation to control the romantic situation.

The above sexual education that is accepted by Caroline is only small ways. According to Freud, each person also possesses a certain amount of psychological energy that forms the three basic structures of

personality: the id, the ego, and the superego. These three structures have different roles and operate at different levels of the mind. So, the lust also depends on those three personalities.

The final result of related with sexual education and lust in the novel is that, Caroline has a positive lust where she gets a good sexual education from Braden. The sexual education coming from Braden is a real education, because he gives everything about what is sex and why people always involve their self in sex in love. From the novel, there are no difference between love and lust, because both of them united in a form of sex, and it happened on Braden and Caroline.

By "psychology of literature," it may mean the psychological study of the writer, as type and as individual, or the study of the creative process, or the study of the psychological types and laws present within works of literature, or, finally, the effects of literature upon its readers. The fourth it shall consider under "Literature and Society"; the other three shall here be discussed in turn. Probably only the third belongs, in the strictest sense, to literary study. The first two are subdivisions of the psychology of art: though, at times, they may serve as engaging pedagogic approaches to the study of literature, people should disavow any attempt to evaluate literary works in terms of their origins (the genetic fallacy), (Wellek in Hower, 1949). It means that, the theory based on Wellek, it shows that sometimes the story within the novel taken from the experience of the writer in a shape of creative process.

In this novel the author illustrated a psychological phenomenon in which people's behavior changes because of the intense relationship. In intense relationship, people usually use their heart and sometimes involve love and care, so when people have an intense relationship their behavior also can change based on the duration and the deep of the intense relationship. In the novel, Caroline has a strong relation with Braden because of their deep relation and the long duration of meeting

for getting a sexual education. So, her heart and feeling changes based on time.

V. CONCLUSION

In *Educating Caroline* by Patricia Cabot the researcher analyzed by using psychoanalytic.

Based on psychological analysis, *Educating Caroline* by Patricia Cabot illustrated a psychological phenomenon in which behavior may change in the course of time because of the intense relationship. The intense relationship can change the feeling and also emotion.

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